

INSTITUTE FOR CONTEMPORARY
PSYCHOTHERAPY

BOARD OF DIRECTORS

Ronald Taffel, PhD - Chair
April Benson, PhD
Maxine Blake, JD
Roberta Estar, PhD
Joseph Garry, LMSW, MBA
Janet Gifford
Fred Lipschitz, PhD
Gwen Mancuso, LCSW
Linda Meany, LCSW

CSAB EXECUTIVE COMMITTEE

Jill M. Pollack, LCSW, BCD, Co-Director
Jill E. Daino, LCSW, Co-Director
Justin Clavadetscher, Administrator
Mary Anne Lowell, LCSW
Naomi Haber, LCSW
Tom Hildebrandt, PsyD
Cheryl Pearlman, LCSW
Susan Souder, LCSW
Ellen Steingart, LCSW
Victoria Wurman, LCSW
Natalia Zunino, PhD

SUPERVISORS AND FACULTY

Diane Barth, LCSW
Janet Baumann, LCSW, BCD
April Benson, PhD
Martha Broderick, LCSW
Marianne Buchenhorner, PsyD
Janet David, PhD
Naomi Haber, LCSW
Nora Helfgott, LCSW
Martha Klein, LCSW
Mary Anne Lowell, LCSW
Dolly Moon, LCSW, BCD
Jill Pollack, LCSW
Judith Rabinor, PhD
Andrea Schneer, LCSW
Susan Souder, LCSW
Ellen Steingart, LCSW
Victoria Wurman, LCSW
Natalia Zunino, PhD

**Center for the Study of
Anorexia and Bulimia**
A Division of the
Institute for Contemporary Psychotherapy
1841 Broadway on 60th St., 4th Floor
New York, NY 10023



1841 Broadway on 60th St. 4th Fl.
New York, NY 10023
212-333-3444
csab@icpnyc.org www.csabnyc.org

NEW!

**Advanced Training
Opportunities**

in the

**Integrative
Treatment of
Eating Disorders**

Open House

**Friday April 13, 2007
7pm – 9pm**

CSAB is a division of the
Institute for Contemporary Psychotherapy,
a Not-For-Profit Corporation. CSAB is an Equal
Opportunity Employer, and does not discriminate
on the basis of race, color, sex, or national origin.

The **NEW CSAB INTEGRATIVE TRAINING PROGRAM** is the first of its kind in the country that trains therapists to treat eating disorder patients using a clinical approach that integrates Behavior and Psychodynamic Psychotherapies. While historically these modalities have been viewed as distinct, this program prepares candidates to interweave evidence-based and dynamic therapies for comprehensive eating disorder treatment. Additionally, the curriculum reflects the most up date theory on the etiology of eating disorders including Attachment Theory and neurobiological models.

Training Opportunities

There are a variety of training possibilities available at CSAB:

Integrated Two-Year Certificate Program

- Includes all didactic and seminar courses
- Treatment of three eating disorder clients
- Individual & Group Supervision

Behavioral Track

-Cognitive and Dialectical Behavioral Therapy for Eating Disorders courses may be taken separately

Non-Matriculated

-Individual theory courses and group supervision are also available separately

Course topics include:

Theory of eating disorders
The therapeutic relationship
Medical Issues
Nutrition
Psychopharmacology
Neurobiology
Psychodynamics
Transference/Countertransference
Attachment Theory
Self-disclosure
Family treatment
Co-morbidity
Cognitive Behavioral Therapy
Dialectical Behavioral Therapy

Schedule and Tuition Information

All classes and group supervision meet Monday evenings from 5:30pm – 9:00pm

Tuition:

Two-Year Program - \$3200.00
Behavioral Track - \$2200.00
Individual courses - \$825.00
Group Supervision - \$1000.00 per semester

For further information and an application, please contact
The Center for the Study of Anorexia and Bulimia
(212) 333-3444 x-114
csab@icpnyc.org
www.csabnyc.org

Build a Practice

CSAB graduates and faculty work at a variety of treatment centers and in private practice. Upon graduation, candidates are allowed to carry one patient into their private practice. As a division of Institute for Contemporary Psychotherapy, CSAB candidates are welcome to attend the numerous lectures, presentations, and workshops open to the ICP community where they have an opportunity to network with other therapists.

Friday Night Lecture Series

Twice each semester, CSAB hosts Friday evening presentations that focus on clinical issues. Topics for the 2006-2007 academic year include:

Trauma and EDs – 10/13/06

What Every Therapist Should Know About Nutrition – 10/27/06

Body Image and Sexuality – 4/20/07

Panel Discussion on the Integrated Treatment of EDs – 5/11/07

Our Philosophy

CSAB considers eating disorders to frequently be maladaptive efforts to resolve psychological conflicts or deficits. Candidates will learn that effective treatment must address intrapsychic, interpersonal, physiological and sociocultural aspects. It is our philosophy that effective treatment must be responsive to all of these components as they are expressed in each person.