



Center for the Study  
of Anorexia and Bulimia

A Division of the Institute for Contemporary Psychotherapy

## Behavioral Trainings In the Treatment of Eating Disorders

We are offering Cognitive Behavioral Therapy and Dialectical Behavioral Therapy classes to experienced clinicians

**Now Accepting Applications!**

**CBT Begins September 2008**

The Behavioral Track consists of two fall semesters of behavioral trainings in Cognitive Behavioral and Dialectical Behavioral modalities. Classes focus on the application of these techniques with eating disordered populations.

**CSAB ALSO OFFERS A TWO-YEAR CERTIFICATE PROGRAM** incorporating Psychodynamic, Cognitive Behavioral, & Dialectical Behavioral Therapies for the treatment of Eating Disorders

**THE NEW CSAB INTEGRATIVE TRAINING PROGRAM** is the first of its kind in the country that trains therapists to treat eating disorder patients using a clinical approach that integrates Behavioral and Psychodynamic Psychotherapies. While historically these modalities have been viewed as distinct, this program prepares candidates to interweave evidence-based and dynamic therapies for comprehensive eating disorder treatment. Additionally, the curriculum reflects the most up-to-date theory on the etiology of eating disorders including attachment theory and neurobiology.

For more information or an application, please contact  
[csab@icpnyc.org](mailto:csab@icpnyc.org) or 212-333-3444x114

Find us on the web at [www.csabnyc.org](http://www.csabnyc.org)