



Center for the Study of Anorexia and Bulimia

A Division of the Institute for Contemporary Psychotherapy

Behavioral Trainings In the Treatment of Eating Disorders

We are offering Cognitive Behavioral Therapy and Dialectical Behavioral Therapy classes to experienced clinicians

Now Accepting Applications!

The Behavioral Track consists of two fall semesters of behavioral trainings in Cognitive Behavioral and Dialectical Behavioral modalities. Classes focus on the application of these techniques with eating disordered populations.

CSAB ALSO OFFERS A TWO-YEAR CERTIFICATE PROGRAM incorporating Psychodynamic, Cognitive Behavioral, & Dialectical Behavioral Therapies for the treatment of Eating Disorders

THE NEW CSAB INTEGRATIVE TRAINING PROGRAM is the first of its kind in the country that trains therapists to treat eating disorder patients using a clinical approach that integrates Behavioral and Psychodynamic Psychotherapies. While historically these modalities have been viewed as distinct, this program prepares candidates to interweave evidence-based and dynamic therapies for comprehensive eating disorder treatment. Additionally, the curriculum reflects the most up-to-date theory on the etiology of eating disorders including attachment theory and neurobiology.

For more information or an application, please contact
csab@icpnyc.org or 212-333-3444x107

Find us on the web at www.csabnyc.org